

THE Stone Valley Lifestyle



STONE VALLEY
SENIOR LIVING AT EASE

Like Us!  

MEMORY CARE COMMUNITY

6155 Stone Valley Dr. • Reno, NV 89523 • (775) 746-2200 • www.stonevalleyassistedliving.com

Staff Directory

Memory Care Director	Aileene Cargill
Resident Care Coordinator	Megan Gresham
Director of Sales & Marketing	Susana Ruybalid
Business Office Director	Deborah Hall
Executive Chef	Erick Seevers
Maintenance Director	Jerry Swearingen



Team Member Highlight

June's Employee of the Month



a beautiful smile.

We have an amazing addition to our team, Beth!! She comes to us from the South and we couldn't be more pleased to have all of her southern charm! What a delight she is and the residents just love her. Everyone lights up when she interacts with them. She is a hard worker, compassionate, and fearless. She will jump into any situation with her whole heart and

JULY 2024



Employee of the Month

July's Employee of the Month



Serenity brings a light to the community and a welcoming feeling. She is always positive and upbeat. Serenity personalizes her connection with each resident and staff member. Give her a karaoke machine and she will sing her heart out to the point the residents want to join in. Serenity is always the life of the party and a definition of

what a future leader looks like. Stone Valley staff and residents are so blessed to have Serenity on the team.



JULY 2024

Location Key

DR Dining Room

PD Private Dining Room

ML Main Living Room

CC Community Courtyard

C Community

AR Activity Room

BL Back Living Room

FT Field Trip

Resident & Staff Birthdays

7/9 Anna D





7/26 Jasmine S

7/28 Michael H

Sun Tea Inside

Brewing a jug of tea on a sunny porch is a nostalgic summertime activity. You can capture this old-fashioned feeling by making sun tea indoors. Simply place four black tea bags in a quart of cold water, cover, and let sit for 2 to 3 hours. If you want sweet tea, add honey, agave syrup or simple syrup, since liquids will dissolve better in cold water than granulated sugar. Food editors say this cold-brewing method results in a better-tasting tea that’s ready for serving over ice.

“Even the smallest victory is never to be taken for granted. Each victory must be applauded.”
—Audre Lorde

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <div>9:30 Walking Club</div> <div>10:00 Crafts & Fellowship</div> <div>11:00 Courtyard Games</div> <div>3:00 Bingo with Friends</div> <div>6:00 Musical Movie🎬</div> <div>6:00 Team Activity</div>	2 <div>9:30 Walking Club</div> <div>10:00 Catholic Communion†</div> <div>11:00 High Or Low Card Game</div> <div>3:00 Bingo with Friends</div> <div>6:00 Team Activity</div> <div>6:00 Travel Documentary🎬</div>	3 <div>9:30 Walking Club</div> <div>10:30 Balloon Noodle Fitness</div> <div>11:00 Parachute Ball</div> <div>12:00 Jane on the Piano🎹</div> <div>3:00 Bingo with Friends</div> <div>6:00 Team Activity</div> <div>6:00 Western Movies🎬</div>	4Independence Day <div>9:30 Walking Club</div> <div>10:30 Balloon Noodle Fitness</div> <div>1:00 Pretty Nails</div> <div>3:00 Bingo with Friends</div> <div>6:00 Family Favorites🎬</div> <div>6:00 Team Activity</div>	5 <div>9:30 Taiko Drums: McKinley Arts Center🎐</div> <div>9:30 Walking Club</div> <div>10:00 Spiritual with Toni</div> <div>1:30 Trivia with Quest</div> <div>3:00 Bingo with Friends</div> <div>6:00 '50s Movies</div> <div>6:00 Team Activity</div>	6 <div>9:30 Walking Club</div> <div>11:00 Watercolor with Friends</div> <div>1:00 Weight & Stretch Class</div> <div>3:00 Bingo with Friends</div> <div>6:00 Team Activity</div> <div>6:00 Viewers' Choice🎬</div>
7 <div>9:30 Walking Club</div> <div>10:30 UNR-Volunteer Activity</div> <div>11:00 Morning Hymns</div> <div>3:00 Bingo with Friends</div> <div>6:00 TCM Movies🎬</div> <div>6:00 Team Activity</div>	8 <div>9:30 Walking Club</div> <div>10:00 Crafts & Fellowship</div> <div>11:00 Courtyard Games</div> <div>2:00 Support Group Meeting</div> <div>3:00 Bingo with Friends</div> <div>6:00 Musical Movie🎬</div> <div>6:00 Team Activity</div>	9 <div>9:30 Walking Club</div> <div>10:00 Catholic Communion†</div> <div>10:30 Morning Stretch</div> <div>11:00 High Or Low Card Game</div> <div>3:00 Bingo with Friends</div> <div>6:00 Team Activity</div> <div>6:00 Travel Documentary🎬</div>	10 <div>9:30 Walking Club</div> <div>10:30 Balloon Noodle Fitness</div> <div>11:00 Parachute Ball</div> <div>2:00 ECCS-Music Paul Vandervoot🎵</div> <div>3:00 Bingo with Friends</div> <div>6:00 Team Activity</div> <div>6:00 Western Movies🎬</div>	11 <div>9:30 Walking Club</div> <div>10:30 Balloon Noodle Fitness</div> <div>12:00 Luau Party & Kalua Pig</div> <div>1:00 Pretty Nails</div> <div>3:00 Bingo with Friends</div> <div>6:00 Family Favorites🎬</div> <div>6:00 Team Activity</div>	12 <div>9:30 Walking Club</div> <div>10:00 Spiritual with Toni</div> <div>1:30 Trivia with Quest</div> <div>3:00 Bingo with Friends</div> <div>6:00 '50s Movies</div> <div>6:00 Team Activity</div>	13 <div>9:30 Walking Club</div> <div>11:00 Watercolor with Friends</div> <div>1:00 Weight & Stretch Class</div> <div>3:00 Bingo with Friends</div> <div>6:00 Team Activity</div> <div>6:00 Viewers' Choice🎬</div>
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Get Ready for the Games!

The 2024 Summer Olympics are set to begin this month in Paris. Featuring more than 30 different sports, the global competition will take place July 26 through Aug. 11.



World Chess Day July 20th

- About 70% of the adult population (US, UK, Germany, Russia, India) has played chess at some point in their lives, 605 million adults play chess regularly.
- Mathematically there are more possible games of chess than there are atoms in the Observable Universe.
- The oldest living Grandmaster is Yuri Averbakh who celebrated his 100th birthday in May 2022.

Wit & Wisdom

"May flowers always line your path and sunshine light your day."

—Irish blessing

"Laughter is magic that dispenses clouds and creates sunshine in the soul."

—Richelle E. Goodrich

"Let there always be a bright spot in your heart for the people around you. They might need a bit of sunshine."

—Ron Baratonio

"Wherever you go, no matter what the weather, always bring your own sunshine."

—Anthony J. D'Angelo

"Few of us really appreciate the soothing, strengthening power of sunshine."

—H. Addington Bruce

"Daisies are like sunshine to the ground."

—Drew Barrymore

"Some sunshine is good for the soul, but I always make sure I wear a big hat."

—Miranda Kerr

"To be happy, you must be your own sunshine."

—Charles Edward Jerningham

"Having a dream is like having sunshine. Without it, you cannot see as clear. With it, your world shines. Have a dream, and the light will fill your eyes with hope."

—J.R. Rim

"Don't let the shadows of yesterday spoil the sunshine of tomorrow. Live for today."

—Nandina Morris

